

Diagnostic ²			
Lumbar FJIs ²	Diagnostic	Level 1	75% relief: False +ve rate 25% - 44%
Cervical, Thoracic FJIs ²	Diagnostic	Level 2	8.3
Therapeutic ¹			
Cervical RadioFrequency ³	+ve Dx blocks only	NNT = 2.0 ³	7 months
Lumbar Medial Branch Neurotomies ⁴	+ve Dx Blocks only	NNT = 4.4 ⁴	8 weeks
Lumbar Transforaminal Epidurals Steroid Injections ⁵	Radicular pain	NNT = 2.7 Steroid ^{5,6} NNT = 1.4 >3 TNF ^{6,7,8}	6 months 8 weeks
Facet Joint Injections ^{9,10}	NSLBP	NNT = 12 ^{9,10}	2-4 weeks
Direct Epidurals ¹¹	NSLBP, Sciatica	NNT = 12 ¹¹	8 weeks

References

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